

**American Red Cross, Cortland County Chapter**  
111 Port Watson Street  
Cortland, NY 13045  
607-753-1182

Provides relief to victims of disasters and helps people prevent, prepare for and respond to emergencies.

**Disaster Program:** Trained disaster volunteers respond to comfort and assist victims of fires, floods etc. Immediate relief provided may include personal kits, shelter, meals, clothing and any needed medical attention.

**AFES (Armed Forces Emergency Services):** 24 hours a day trained AFES volunteers respond to crisis calls from military families with illnesses, deaths, etc. The Red Cross is the only recognized verification source for the military.

**Blood Program:** Responsible for recruiting volunteers and donors to collect the 2,000 units of blood or its products needed daily for patients throughout the blood region.

**Health & Safety Program:** Weekly free blood pressure screening, free first aid & CPR demonstrations, mini first-aid workshops, free Learn to Swim, scholarships and baby sitting classes for youngsters.

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**Boy Scouts of America, Baden-Powell Council**  
Main Office Box 66  
Binghamton, NY 13903  
607 729-9161

Provides our youth with the skills and self-reliance to make ethical choices affecting their lives both now and in the future.

**Camp Scholarships:** Summer camp works to develop character in our youth. Camp programs strengthen core values and self esteem in youth and works to prevent alcohol, drug and tobacco use.

**Teenage Leadership:** Offers two co-educational teenage programs called Venturing and Exploring that provide positive youth development, career education as well as team building activities. These programs also work to address substance abuse, teen pregnancy and other issues facing young people.

**Child Abuse Prevention and Education:** Annual training is provided to all leaders as well as continued outreach to new members and families

**Catholic Charities**  
33-35 Central Avenue, Cortland, NY 13045  
607-756-5992

Family service agency providing direct human services through a variety of programs.

**Emergency/Brief Assistance/ Community Food Pantry:** Assistance provided for prescriptions, medical treatment, diapers, formula etc. for those with no alternative resources. The food pantry provides nine nutritionally balanced meals to families in need.

**STEPS:** Case management for pregnant, parenting and at risk teens. Provides counseling, guidance, support and advocacy services. Supports educational and vocational goals for promotion/enhancement of self-sufficiency.

**More STEPS:** This program provides opportunities for young men and women to learn life skills and develop healthy relationships by spending time with a mentor and in peer groups. Educational and vocational goals are valued and encouraged, and education is provided on substance use and abuse, human sexuality, stress management, health and fitness, appropriate social behavior and community involvement.

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**Cortland Area Child Care Council (CACCC)**  
111 Port Watson Street, Cortland, NY 13045  
607-753-0106

Cortland Area Child Care Council develops, supports and promotes excellence in early care and education.

**Child Care Training Program:** CACCC provides workshops and training programs to meet the needs of all early childhood programs and professionals. They provide education in areas of Child Abuse and Maltreatment Identification and Prevention and Health and Safety training. Child care providers can also receive certificates in Medical Administration.

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**Cortland County Child Development Program**  
59 Pomeroy Street, Cortland, NY 13045  
607-758-9325

Provides quality year round child care to infants, toddlers, preschoolers and school age youngsters while their parents work or pursue their education.

**Scholarship Program:** The "OPTIONS" scholarship program provides assistance to families based on a sliding scale dependent on household income and the numbers in a household when no other forms of subsidy are available.

**Family Counseling Services**  
10 North Main Street, Cortland, NY 13045  
607-753-0234

Uses professionally certified masters level staff to provide individual, family and group counseling services to Cortland County residents who are experiencing emotional and psychological problems. Provides individual, family, and youth support through a variety of services and programs.

**Family Counseling:** Provides personal counseling to individuals, couples and families experiencing conflict related to child abuse and neglect, family violence, or alcohol and drug abuse.

**Support Service:** Supervised children's waiting room is available at no cost to those who need someone to care for their children in order to attend counseling.

**Youth Activities Program:** For youth ages 8-16 who are considered at-risk for alcohol or substance use. Activities specifically selected for their therapeutic value are provided weekly, as well as special monthly weekend activities.

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**Franziska Racker Centers**  
882 NYS Route 13, Cortland, NY 13045  
607-753-9375  
Main Office: 3226 Wilkins Road  
Ithaca, NY 14850  
607-272-5891

Provides services which will help people with special needs learn, achieve their goals, and participate in community life.

**Evaluation and Therapy Services:** Provides evaluation and therapy (physical, occupational and speech) for children five and younger.

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**Girl Scouts of NYPENN Pathways**  
8170 Thompson Road  
Cicero, NY 13039  
315-698-9400

Provides opportunities for girls in Cortland County to learn self-reliance, teamwork, leadership and to build character in a variety of activities and settings.

**Healthy Living-Connecting Girls to Community:** This program provides girls with a structured leadership development experience which identifies three keys to leadership—Discover, Connect, Take Action. Girls are taught the importance of positive girl to girl relationships and the dangers of bullying and relational aggression.

Madison-Cortland NYSARC, Inc.  
16 Crawford Street, Cortland, NY 13045  
607-756-2015

Main Office: 588 Broad Street, Oneida, NY 13421  
315-363-3389

Provides services to any Cortland County resident with developmental disabilities and their families.

**Camp ARCO:** Camp ARCO is a four week summer day camp offered to youth in Cortland County. It is an inclusive camp open to individuals 5 - 21 with disabilities or without.

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Salvation Army  
138 Main Street, Cortland, NY 13045  
607-753-9363

The Salvation Army tries to meet the physical and the spiritual needs of the individual.

**Comprehensive Emergency Assistance:** This program provides nutritious food to families and individuals, as well as clothing vouchers to the local thrift store and emergency housing for males. Through the food pantry, the Fresh Food Giveaway, and Second Helpings (food donated through local restaurants), those in need can provide for themselves and their families.

**Summer Fun Days:** A low cost summer day camp enrolling approximately 30 children. The kids receive educational opportunities, engage in physical activity, and are provided with two nutritious meals.

**Seasonal Assistance:** This program provides food, toys, and clothing in the form of Christmas baskets to families and individuals who are struggling to make ends meet. This program also provides gifts to nursing home residents and serves a Christmas dinner at the Salvation Army.

**Community Meal:** A weekly community meal is served on Sundays for dinner where all are welcome. This program also involves a special meal for Thanksgiving and Easter.

**Youth Services:** An afterschool program held during the school year where children can come and receive help with school work, exercise, education and a meal.



YMCA  
22 Tompkins Street, Cortland, NY 13045  
607-756-2893

An association of members whose mission is to put Christian principles into practice through programs that build a healthy spirit, mind and body.

**Scholarships:** Provides funds to help families or individuals who cannot afford full price memberships or programs.

**Universal Pre-Kindergarten:** For four-year-olds residing in Cortland City school district. The program follows the Cortland School calendar and operates from 9:00 a.m. to 12:00 p.m.

**Wrap Around Childcare:** Before and after "school" is available for 3-5 year-olds participating in 1/2 day preschool programs.

**Jr. Camp Adventure:** This is a 10 week camp that provides a nurturing, traditional childcare experience for children ages 3 to 6. Campers enjoy a wide range of individual and group activities including use of the pool, gym and playground facilities, as well as weekly themes and field trips.

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YWCA  
14 Clayton Avenue  
Cortland, NY 13045  
607- 753-9651

The YWCA of Cortland, a member of the national YWCA, is committed to self determined social change for women of all racial, ethnic, and economic groups. They provide leadership through focused programs that advance peace, justice, freedom and dignity for all people.

**Aid to Victims of Violence:** Aid to Victims of Violence (AVV) is a crisis intervention program for adult and child victims of domestic violence and/or sexual assault.

**Bridges for Kids:** As the only mentoring program designed for younger children in Cortland County, Bridges for Kids matches high-risk children ages 5-12 with adult volunteers who spend 2-3 hours each week, one-on-one with the children in fun and informative activities that expose them to experiences generally beyond the reach of their low-income households.

**Early Childhood Education:** Offers six different safe stimulating childcare options School Age Care and Recreation Program, Summer Care and Recreation, Drop-In Childcare Center, Here We Grow and Learning Adventure Day Care Centers, and Nursery and Day School.



## United Way for Cortland County Funded Programs

United Way for Cortland County  
50 Clinton Avenue  
Cortland, NY 13045  
Phone- 607-756-5639

E-mail-  
[staff@cortlandunitedway.org](mailto:staff@cortlandunitedway.org)

Visit us on-line at:  
[www.cortlandunitedway.org](http://www.cortlandunitedway.org)

what matters.™